# Recipes: Dinner Menu for the week of October 31st November 6th, 2022 

written by John Mueller | February 19, 2023

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Mongolian Beef [ Mongolian-influence ]
Ingredients: beef, bell peppers, carrots sticks, mushrooms, onions, rice, corn, and vegetables.

Directions: Mongolian-style stir-fried beef, with bell peppers, carrots sticks, mushrooms, and onions. Finish with a sauce that includes grated ginger, finely chopped garlic, soy sauce, hoisin sauce, very little brown sugared pepper flakes Served on rice with corn \& a side of vegetables.

## Venison-Pork Italian Sausage Meatballs [ Italian-influence ]

Ingredients: venison-pork Italian sausage meatballs, mushroom duxelles, tomato-white wine-cream sauce, pasta, and green beans Amandine.

Directions: In-house venison-pork Italian sausage meatballs stuffed with mushroom duxelles. Served in a tomato-white winecream sauce over pasta, finished with a side of green beans Amandine.

## Vegetable Curry [ Indian-influence ]

Ingredients: zucchini, sweet potato, bell peppers, carrots,
roasted chickpeas, curry, coconut milk, rice, corn, and steamed green beans Amandine.

Directions: Medley of zucchini, sweet potato, bell peppers, and carrots, with roasted chickpeas in a curry and coconut milk. Served on rice with corn and steamed green beans Amandine.
[ See full menu for the week of October 31 - November 6, 2022 ] Download the Recipes for October 31 - November 6, 2022 in PDF format


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