Recipes: Dinner Menu for the week of March 3rd — 5th, 2022

written by John Mueller | February 6, 2023

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Pork Schnitzel with Himmel und Erde [German-influence]

Ingredients: pork loin, flour, eggs, panko, apples, potatoes,
and onion.

Directions: Schnitzel (pounded thin slices of pork loin) battered with flour, egg wash, panko, or in-house bread crumbs (when panko is not available)

Himmel und Erde is a mixture of apples and potatoes cooked gently till tender then mashed.

Served topped with caramelized onion.

Thai BBQ Chicken Tenderloin [Asian-influence]

Ingredients: garlic, fresh ginger, mirin, rice vinegar, Tamarind paste, sesame oil, onion, tomato juice, brown sugar, apple cider vinegar, cilantro, lemon grass (if available), and lemon zest.

Directions: Bbq sauce: mix garlic, fresh ginger, mirin, rice vinegar, Tamarind paste, sesame oil, onion, tomato juice, brown sugar, apple cider vinegar, cilantro, lemon grass (if available), and lemon zest.

Ratatouille [French-influence]

Ingredients: zucchini, yellow squash, eggplant, tomato, tomato
sauce, herbs, mushrooms, carrots, onion, and garlic.

Directions: A variety of vegetables involving zucchini, yellow squash, eggplant, tomato and tomato sauce, and herbs. (can use an Italian mix or make your own, such as thyme, basil, oregano, Tarragon, and parsley) Traditionally baked in the oven in shingled layers. At KML, we add mushrooms, carrots, onion, and garlic to the vegetables listed above. I cook it all in a stew style.

[See full menu for the week of March 3 - 5, 2022]



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