Trail Running

written by admin | August 23, 2018

[Back 9 Endurance Run, May 25-26, 2024]

The Copper Harbor Trail System that surrounds the Keweenaw Mountain Lodge is one of the top trail destinations in the Midwest. With multiple trailheads on our property, you are able to run right from our cabins onto the trails. Looking for a training run along a steep ridge-line trail or a fun run along the shoreline of Lake Superior? Simply open the door to your cabin and start running. The diversity of the trail system provides a unique trail running experience only found in Copper Harbor. Whether you seek the solitude of the lush forest floor or want to run across the infamous Copper Harbor bridges, the trails are literally steps from the Lodge's rustic and cozy cabins.



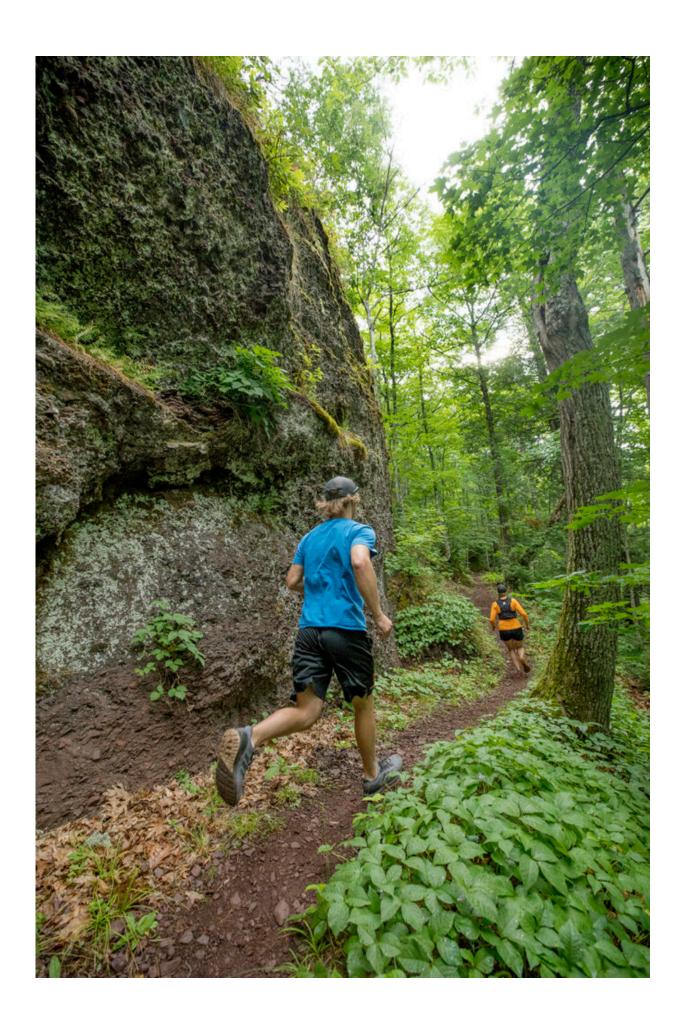






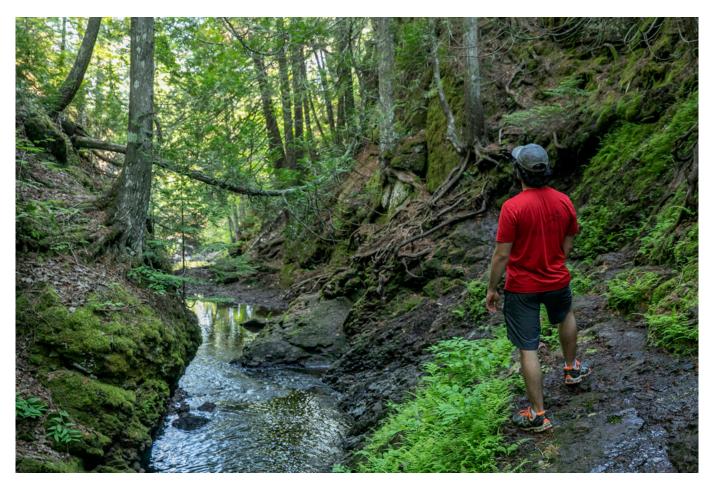
Ridgeline — Lake Superior Shoreline — Forest Floor — Wooden Bridges — Are all part of the Copper Harbor Trail System

The staff at the Outdoor Activity Center (OAC) can help you plan a run for however your legs are feeling. The Back 9 beginner trails are located right on the Lodge property and are a great place to start for families with kids or if you are looking to just get a quick few miles in. Along the back of the Lodge property is the scenic Dancing Bear Trail.



The Dancing Bear Trail

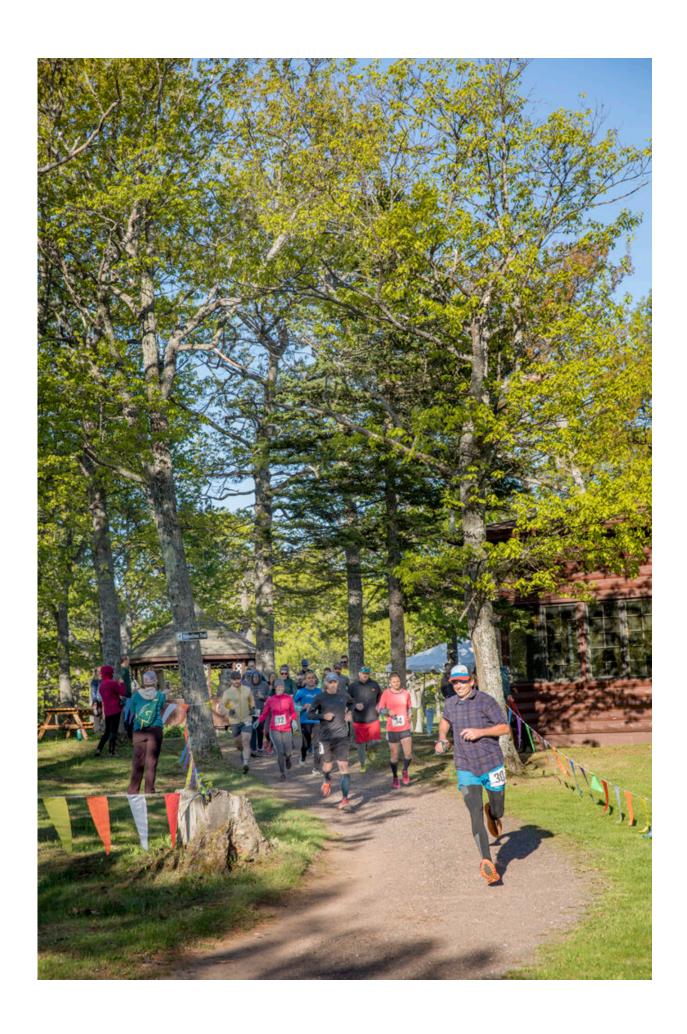
There are many destination spots in the Copper Harbor trail system that runners and hikers like to plan their activity around. Waterfalls, lakes, and viewpoints can be found throughout the trail system.



A runner explores the canyon below Manganese Falls.

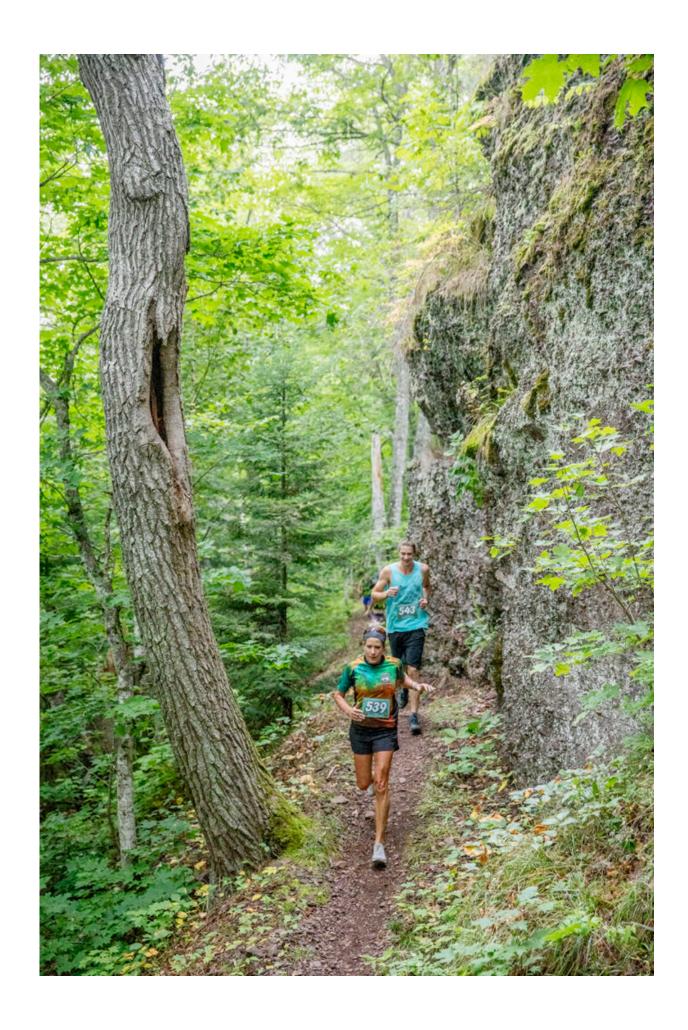
Throughout the summer and fall there are multiple running events held in Copper Harbor. The <u>Back 9 Endurance Run</u> is held at the Keweenaw Mountain Lodge. This annual event challenges solo and team runners to see how many laps they can do in either 12 or 24 hours.

[Learn more about the Back 9 Endurance Run]



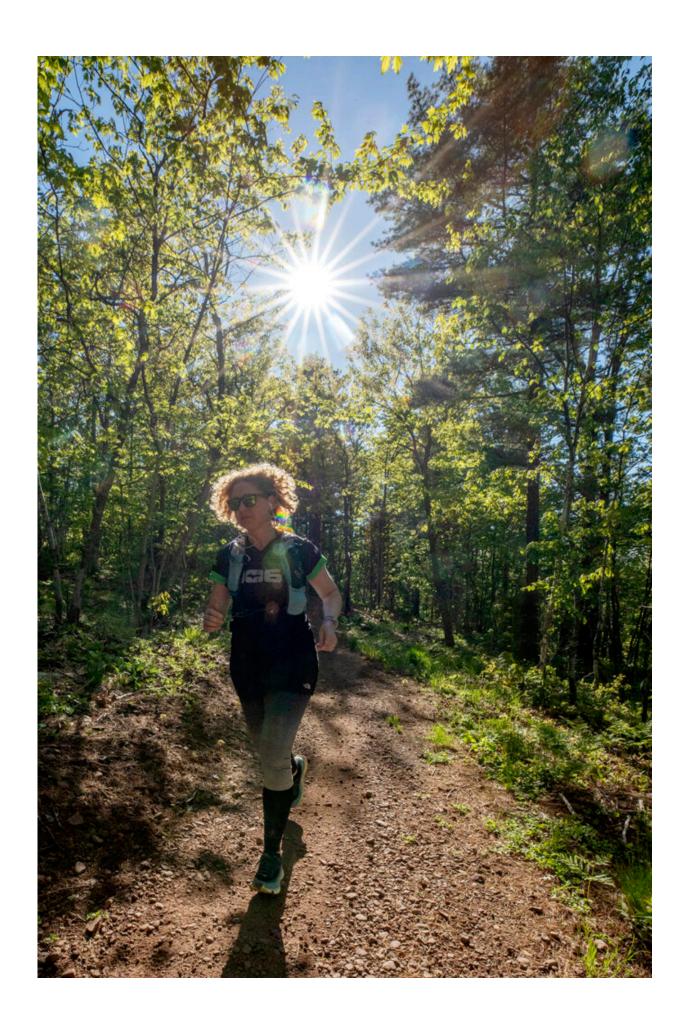
Runners at the start of the Back 9 Endurance Run

Another event that draws athletes from all over the region is the annual <u>Run the Keweenaw</u>. This event takes place in early July and the Keweenaw Mountain Lodge is the perfect place to be your basecamp for this multi-day event.



Runners compete in the run during Trails Fest

During Labor Day the annual <u>Keweenaw Mountain Lodge Copper Harbor Trails Fest</u> takes over the community. This celebration of trails in Copper Harbor has running and bike races, live music, and workshops. People from around the country travel to Copper Harbor for this fun and joyous event. A strong spirit of camaraderie bonds first timers and annual participants to this end-of-summer celebration.



A runner puts in some miles during the late afternoon run on Chipmunk Run Trail