

Morning Miles

written by John Mueller | June 5, 2020

Start your day off with a hike in the fresh Keweenaw morning air. **Morning Miles** are guided hikes that meet every Tuesday and Thursday mornings at the Outdoor Activities Center (OAC). Please arrive by 9:45am, hikes leave at 10:00am. These social hikes are a great way to familiarize yourself with the trails while getting some exercise. Our guides will take you through the meandering trails situated on the 560 acres of the Keweenaw Mountain Lodge property.



A Morning Miles Hike along the Red Trail

Morning Miles hikes take 1.5 to 2 hours, and are usually 2 to 4 miles. Routes vary based on the group's experience. Please wear sturdy shoes, carry water and bring sunscreen and bug spray. There is no cost for lodging guests, please see our [Events Calendar](#) for specific Morning Miles dates.

Interpretive Hikes – Thursday Mornings with the OAC Team

Join the OAC team for an interpretive hike Thursday mornings at 9:45am. These hikes are open to people of all ages. Hikers should expect variable terrain that requires a moderate fitness level. Routes vary, but participants can expect to do anywhere between 2-4 miles. Discussions include plant and animal identifications, local geology, weather, lodge history and possibly the use of nature apps.

These nature hikes are a good opportunity to practice mindful, quiet moments so guests can listen to the sounds of nature. While these are social/educational hikes, quiet hikers tend to encounter birds and other animals.



Hiking Waiver & Media Release

As a participant on an organized hike with the Keweenaw Mountain Lodge staff, you will be required to sign a waiver. You can sign the waiver when you arrive, or you can print it out before hand, sign it, and bring it with you when you arrive.

- [Download KML Hiking Waiver & Media Release](#)